

6. The minor supporting details are
- steps.
 - events.
 - examples.
- C. ¹Failure to cope adequately with organizational stress may lead to burnout. ²The burnout process occurs gradually. ³In fact, experts describe five stages of burnout. ⁴Stage one is the honeymoon. ⁵Beginning a new career is an exciting challenge. ⁶Learning to adapt to your new environment absorbs an enormous amount of valuable energy, but during this period you also must learn to adapt to stress. ⁷If you fail to do so, then you may move to the second stage. ⁸For many people, stage two begins with a vague realization that the honeymoon is over. ⁹Enthusiasm for the job begins to fade, and job dissatisfaction, inefficiency, fatigue, sleep disturbances, and escape activities may begin to bother you. ¹⁰Stage three of job burnout is marked by physical and psychological symptoms: chronic exhaustion, physical illness, anger and depression. ¹¹This may be when you first realize that you are in trouble. ¹²By stage four, symptoms become critical. ¹³Pessimism and frustration take over, and as a victim of burnout, you are obsessed with escaping. ¹⁴Finally, for the victim of professional burnout, stage five probably means that alcoholism, drug abuse, or heart disease have emerged as serious problems.
7. The main pattern of organization for the above selection is
- list of items.
 - time order.
- 8–10. Complete the map of the paragraph by finishing the main idea and filling in the missing major details.

Main idea: According to experts, the burnout that results from organizational stress takes place in _____.

